

PRAYER FOCUS – JANUARY 19, 2025

- To activate the prayer chain, contact the church office, or text Bonnie.
- If you would like to add a prayer request to the bulletin, please contact the church office.

1. **Missions Focus:** Pray for Ciro & Juanita Perez, serving with Grace Mission in Mexico: “Ciro & Juanita enjoyed a family gathering for the first time in fourteen years. They also report that new church leaders are being trained and would like to expand the training. Continued ministry to the villages is on the list for 2025 and they ask for prayer concerning the need for a new vehicle for getting to the villages. Please pray for the Perez family as they serve and work for God’s Kingdom.”



2. **Church Family:** Darrell & Darlene Loewen – Tom & Penny Lowes – Owen & Paula McKenzie – John & Tina Miller – Greg & Crystal Nelson, Liesel, Jorgen, Judah, Malek

3. **Birthdays:**

4. **Prayer Requests:**

- Continue to pray for Lyndon & Kirsten Neufeld and their son, Logan, who is in hospital. Pray for healing for Logan, for wisdom for his medical team, and for encouragement and endurance for the whole family.
- Thank you for praying for Agnes Peters. PTL, she is doing quite well now!
- Pray for three-year-old Xavier, a great-nephew to Glen & Karen Neufeld, as he finishes up the protocol for his last round of immunotherapy. Pray for a quick return to energetic health.

5. **Sister Churches:**

Region 1, SK/AB: Vauxhall Mennonite Gospel Ch—Peter & Mary Froese (interim)

Region 2, MB C: Austin Evangelical Fellowship—Collin & Dawn Bell

Region 3, MN S: Gospel Mission Church Winkler—Claude & Micheline Lainey

Region 4, ON: Blenheim EMMC—Peter Brejcha

Region 6, MX: Spanish Lookout EMMC—Blaine & Melissa Dueck

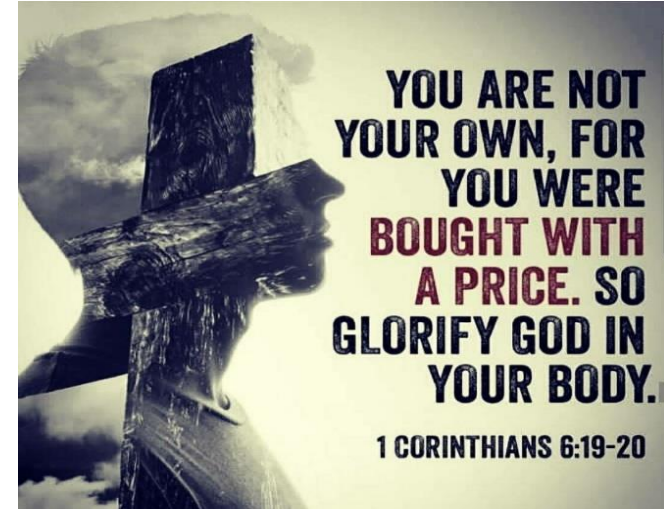
6. **EMMC Missionary:** Willie & Margaret Enns—Santa Cruz, Bolivia

7. **Westside Pastors’ Group:** Larry Parschauer—Life Baptist Church

8. **Parachurch Ministries:** Saskatoon Pregnancy Options Centre

Welcome to

Sutherland 
Evangelical Church



Sutherland Evangelical Church

110 – 104th Street Saskatoon SK S7N 1M8 ■ 306-934-8981

sec@sutherlandevangelicalchurch.com

www.sutherlandevangelicalchurch.com

You can find us on YouTube!

Lead Pastor: Dale Doerksen

Youth Pastor: Adam Fehr

Sunday School: 9:30AM

Sunday Worship: 10:30AM

January 19, 2025

- Tithes/offerings can be placed in the Offering Box on the back table.
- Etransfer to treasurer@sutherlandevangelicalchurch.com (be sure to leave a comment with your address if this is a first-time gift).
- Automatic monthly withdrawals —contact our treasurer or the church office.

TODAY

USHERS: *George & Phil*; COUNTER: *George*

ORDER OF SERVICE

PRELUDE: *Eva Regehr*

WORSHIP IN SONG: *Mandi Letkeman*

CALL TO WORSHIP: *Lindsay Neufeld*

MINISTRY REMINDERS: *Lindsay Neufeld*

CHILDREN'S FEATURE: *Pastor Dale*

WORSHIP IN SONG: *Mandi Letkeman*

SCRIPTURE FOCUS: *Proverbs 23:1-5; 19-25 (pg 530) – Lindsay Neufeld*

CHILDREN'S PRAYER: *Lindsay Neufeld*

↳ *Children's Church for ages 3-7; children must be signed in.*

MESSAGE: *"Maintaining a Healthy Appetite" – Pastor Dale*

CLOSING SONG: *Mandi Letkeman*

BENEDICTION: *Pastor Dale*

Welcome

THIS WEEK

TUESDAY, NOON: Drop-in prayer meeting in our Youth Wing. You are welcome to attend or to text a prayer request to Pastor Dale.

TUESDAY, 7PM: Heart of Worship practice

WEDNESDAY, 7PM: Bible study on John 8:12-59. Join us in the Board Room or join remotely by Zoom. Pastor Dale will send out a link on Tues/Wed. Send prayer requests to Pastor Dale by text or email.

FRIDAY & SATURDAY: Pastor Adam attending a Youth Workers' Conference.

YOUTH / C&C

WEDNESDAY, 7-9PM: Senior Youth Night – Snack: Roni

FRIDAY, 7-9PM: No Jr Youth Night this week (Youth Workers' Conference)

NEXT SUNDAY

COFFEE: *Judy*

SOUND: *Ken D*

USHERS: *Greg & James*

LIVESTREAM: *Jorgen*

MESSAGE: *Brian Unger*

PRELUDE: *Leesa*

POWERPOINT: *Janice A*

OFFERING COUNTER: *James*

WORSHIP LEADER: *Pastor Adam*

GOD IS GOOD
all the time

DATES TO REMEMBER

SATURDAY, FEB 1, 11AM-12PM (note the date change): Refresher training for Plan to Protect. This is a required refresher for everyone who took the training in the last year.

SUNDAY, FEB 9: Soup & Bun Youth Fundraiser Lunch

WEDNESDAY, FEB 12, 9:30AM: Fellowship Coffee in our dining room

MARCH 20-23: EMMC's *The Gathering* in Spanish Lookout, Belize. www.emmc.ca or contact the office for registration details. See poster.

SEC NEWS

Baptism Classes are being planned to start soon. Contact Pastor Dale if you are interested in participating or have any questions about baptism or membership.

Church Camp Planning Committee: Our annual church camp is booked for Sept 5-7. We are looking for 5-6 people to be on our committee including a chairperson. If you are interested in serving in this capacity, please contact a council member.

From our Treasurer:

↳ General Fund as of Dec 31st:
\$300,050 Income
\$298,956 Expenses
\$ 1,094 Net income

thanks
FOR YOUR
support

↳ Due to the postal strike and delayed mail, the federal government is allowing donations made during the first two months of 2025 to be claimed on your 2024 income tax return. Therefore, tax receipts for all donations received during January and February will be issued in early March.

Kadesh News:

↳ Kadesh Cake Auction raised \$21,645.00. Thank You!
Thank you from the Kadesh Board.

↳ This week we announced a brand-new camp. Feb 18 - 21 Camp Kadesh will run "Day Camp in the City" at Lakeview Church. This is a four-day camp, from 8:30AM - 5:30PM, for grades 1 - 5 during the February Break. This camp is meant to be a chance for younger campers to experience Kadesh for the first time. Details and registration can be found at www.campkadesh.com/daycamp.



COMMUNITY NEWS

Fun & Faith presents The Date Night Tour—clean comedy for couples. 7PM, Monday, Feb 10 at Saskatoon West Portal Church. \$20-\$30/person. See poster or go to www.fundandfaith.com

Maintaining a Healthy Appetite

SEC – January 19, 2025

Introduction:

A. The Problem with Gluttony:

1. Food is given to us as a _____ from God which we are to _____ with thanksgiving. 1 Timothy 4:4
2. Even in _____ things like eating or drinking, we are to _____ God. 1 Cor. 3:16-17; 10:31
3. If left unchecked, our appetites can _____ and _____ us. Prov. 23:19-21; Phil. 3:19-20
4. We are commanded to exercise _____ and _____ with our cravings. Numbers 11; Psalm 78:17-31; Proverbs 23:1-3

B. The Benefit of Temperance:

1. Temperance sets a sound _____ for others to follow. Titus 2:2
2. Temperance takes strong _____ and _____ effort. Acts 24:24-26
3. Temperance allows for our lives to be _____ and makes us _____ to serve. 1 Cor. 10:23-24
4. Temperance keeps us from _____ and _____. Genesis 9,19; Esther 1; Prov. 20:1

Conclusion:

- ↳ **Control your _____.**
- ↳ **Control your _____.**
- ↳ **Control your food _____.**
- ↳ **Control your food _____.**